THE "BIG FIVE" PERSONALITY FACTORS

Trait Dimension	Endpoints of the Dimension	n	
Emotional stability	Calm—anxious Secure—insecure Self-satisfied—self-pitying		
Extraversion	Sociable—retiring Fun-loving—sober Affectionate—reserved		
Openness	Imaginative practical Preference for variety preference Independent conforming	erence for routine	
Agreeableness	Soft-hearted—ruthless Trusting—suspicious Helpful—uncooperative		
Conscientiousness	Organized——disorganized Careful——careless Disciplined——impulsive	Note two theories of	
Source: Adapted from McCrae & Co	sta (1986, p. 1002).	personality – both are TRAIT theories (determined through factor analysis). Top is Big Five, bottom is Eysenck's delineation of	
Moody Anxious	Touchy Restless	traits (only two axes)	
Rigid	Aggressiv	Aggressive	
Sober		Excitable	
Pessimistic		Changeable	
Reserved Unsociable		Impulsive	
Quiet	Орг	Optimistic Active	
INTROVERTED -	FXTRAV	EXTRAVERTED	
Passive		Sociable	
Careful		Outgoing	
Thoughtful		Talkative	
Peaceful		Responsive	
Controlled		Easygoing	
Reliable	Lively	Lively	
Even-tempered	Carefree		
Calm	Leadership		
STABLE			