

TABLE 15.2

THE "BIG FIVE" PERSONALITY FACTORS

Trait Dimension	Endpoints of the Dimension
Emotional stability	Calm— <u>anxious</u> Secure— <u>insecure</u> Self-satisfied— <u>self-pitying</u>
Extraversion	Sociable— <u>retiring</u> Fun-loving— <u>sober</u> Affectionate— <u>reserved</u>
Openness	Imaginative— <u>practical</u> Preference for variety— <u>preference for routine</u> Independent— <u>conforming</u>
Agreeableness	Soft-hearted— <u>ruthless</u> Trusting— <u>suspicious</u> Helpful— <u>uncooperative</u>
Conscientiousness	Organized— <u>disorganized</u> Careful— <u>careless</u> Disciplined— <u>impulsive</u>

Source: Adapted from McCrae & Costa (1986, p. 1002).

Note two theories of personality – both are TRAIT theories (determined through factor analysis). Top is Big Five, bottom is Eysenck's delineation of traits (only two axes)

